

## Working Creatively with Adolescents

ConnectGround is very pleased to announce a 4-hour professional development session for Clinic interns, GTA students and graduates of Gestalt Therapy Australia offered by Camille McDonald.

**Overview:** This 4-hour workshop will be an introduction to working with young people in a clinical setting. Through referencing the writings of Mark McConville and Dan Siegel, we will explore the world of the adolescent and the developmental processes that organise the work. We will also explore how to support a greater awareness of the young persons' embodied capacity that has the potential to enhance their health and wellbeing.

This workshop will support the complex nature of working with adolescents through exploring contemporary theory as well as exploring practical interventions that may increase a level of engagement.

**Methodology:** The workshop will incorporate small and large group discussions as well as experiential exercises.

**Date:** Friday 27<sup>th</sup> February

**Time:** 9.30-1.30pm

**Place:** Gestalt Centre, 622 Lygon Street, Carlton North 3054

**Fee:** \$90 (including GST) / Current ConnectGround Interns attend free of charge.

**Book and pay** by calling the Gestalt Centre office on 03 9489 6300



### Facilitator

Camille McDonald BEd, GradDip(Ed), MA(ATh), AdvDipGestaltTherapy, held the role of Director of Training at Gestalt Therapy Australia for many years. She has been a registered art therapist and gestalt psychotherapist, having worked in private practice providing supervision, psychotherapy and art therapy. As well as being part of the Management and teaching faculty at GTA, Camille taught art therapy to post graduate students at LaTrobe University and through Critical Agenda's teacher training program. Camille has worked for community based organisations providing art psychotherapy for children who had experienced sexual abuse and prior to this worked as an art therapist in a drug and alcohol rehabilitation facility. She has many years experience working with children, young people and adults in areas including trauma, abuse, depression, anxiety, grief and loss.