



Psychotherapy After Relational Trauma:

Cultivating clinical hospitality in the face of narcissistic adaptations and repetitive struggles for power

Presented by Dr Jackie Amos and Krystie Edwards

1st & 2nd July 2021 - Now Online - *with a unique blend of theory & practice!*

A 2-day Training Program for Psychotherapists, Psychiatrists, Psychologists, Counsellors and other health professionals.

Overview

There are times in every practitioner's life when we find ourselves working with people whose creative adaptations to profoundly inhospitable early environments mean that they are habitually dominant, dismissing and even contemptuous of those around them. Whilst the painful experiences that lead to these characteristic ways of relating are often encountered in clinical practice, people whose suffering is expressed in this way create particular challenges for the relationally oriented therapist.

The aim of this workshop is to deepen the practitioner's capacity for compassion and clinical hospitality in these situations. Drawing on evolutionary, and systems based understandings of interpersonal trauma and entrapped relationships (e.g. Stockholm Syndrome) Jackie will present a detailed theoretical model that seeks to explain how both dominance and submission are repeating themes derived from early, relationally traumatising environments.

How we, as practitioners, embody power will be explored experientially, to help us recognise our own tendencies to dominance or submission. The ways in which this affects our ability to remain present to the suffering behind the clinical presentations, and how to enhance our abilities to do so will also be considered. Each day will be divided into the explanation of the theory and practice of embodied processes that will help integrate these theoretical ideas.



Presented by Dr Jackie Amos University of South Australia, Centacare

Jackie is a child and adolescent psychiatrist and Gestalt psychotherapist. Jackie works psychotherapeutically with severely distressed families, where ongoing abuse and neglect of children is a central concern. She currently supports child protection programmes at Centacare a non-government agency.

In her doctoral research, Jackie developed two complementary models of the intergenerational transmission of neglect and abuse and the role of trauma in maintaining relationship difficulties. These models were then used to understand the key objectives of treatment for families where the care and protection of the children are compromised.

You can read more about Jackie here:

[https://centacare.org.au/people-jackie-amos/Pod cast video](https://centacare.org.au/people-jackie-amos/Pod%20cast%20video)

<https://emergingminds.com.au/resources/podcast/unravelling-intergenerational-trauma/>



Krystie Edwards is a mental health social worker and certified Sensorimotor Psychotherapist. She is intrigued by the process and experience of embodiment and its relationship to psychotherapy and is currently training in the BodyMind Centering Somatic Movement Educator program.

She helped found the Adelaide Trauma Centre in 2012 ~ a not for profit organisation that supports community access to body inclusive integrative trauma therapy, and has been in private practice in the Adelaide CBD for many years.

General Information:

Venue / Online - Zoom

Time / 9.30-5.00pm

Fee / Full Registration \$700 GTA Enrolled Students \$600

Book & Pay Via EventBrite Website <https://gta-relational-trauma.eventbrite.com.au>

Our Cancellation policy:

If you cancel your place up to 7 days prior to the commencement of the course, you can apply for a refund of your payment less the Eventbrite fee (approx \$35). If a cancellation is received after this date and your place within the course can be filled, your payment will be refunded less the admin fee. If your place cannot be filled, then your course fee will be forfeited.



Gestalt Centre / 622 Lygon Street, Carlton North, Victoria, 3054
T / 03 9489 6300 E / admin@gestaltcentre.com.au
www.gestalttherapyaustralia.com.au