



Psychotherapy After Relational Trauma:

Cultivating clinical hospitality in the face of narcissistic adaptations and repetitive struggles for power

Presented by Dr Jackie Amos

1st & 2nd July 2021

A 2-day Training Program for Psychotherapists, Psychiatrists, Psychologists, Counsellors and other health professionals.

Overview

There are times in every practitioner's life when we find ourselves working with people whose creative adaptations to profoundly inhospitable early environments mean that they are habitually dominant, dismissing and even contemptuous of those around them. Whilst the painful experiences that lead to these characteristic ways of relating are often encountered in clinical practice, people whose suffering is expressed in this way create particular challenges for the relationally oriented therapist.

The aim of this workshop is to deepen the practitioner's capacity for compassion and clinical hospitality in these situations. Drawing on evolutionary, and systems based understandings of interpersonal trauma and entrapped relationships (e.g. Stockholm Syndrome) Jackie will present a detailed theoretical model that seeks to explain how both dominance and submission are repeating themes derived from early, relationally traumatising environments.

How we, as practitioners embody power will be explored experientially, to help us recognise our own tendencies to dominance or submission. The ways in which this affects our ability to remain present to the suffering behind the clinical presentations, and how to enhance our abilities to do so will also be considered.



Presented by Dr Jackie Amos / University of South Australia, Centacare

Jackie is a child and adolescent psychiatrist and Gestalt psychotherapist. Jackie works psychotherapeutically with severely distressed families, where ongoing abuse and neglect of children is a central concern. She currently supports child protection programmes at Centacare a non-government agency.

In her doctoral research, Jackie developed two complementary models of the intergenerational transmission of neglect and abuse and the role of trauma in maintaining relationship difficulties. These models were then used to understand the key objectives of treatment for families where the care and protection of the children are compromised.

You can read more about Jackie here:

[https://centacare.org.au/people-jackie-amos/Pod cast video](https://centacare.org.au/people-jackie-amos/Pod%20cast%20video)

<https://emergingminds.com.au/resources/podcast/unravelling-intergenerational-trauma/>

General Information:

Venue / The Gestalt Centre, 622 Lygon St, Carlton North.

Dates / 1st & 2nd July 2021

Time / 9.30-5.00pm

Fee / Full Registration \$700

GTA Enrolled Students and Early-Bird rate (paid by 31st March 2021) \$600

Book & Pay / Contact the office on 03 9489 6300

Our Cancellation policy:

Upon enrolment you agree to the cost of this course. If you cancel before two weeks of the commencement date and your place can be replaced, your fees will be refunded less a \$50 admin fee. If your place cannot be filled then your course fee will be forfeited.



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